**community medicine/midterm exam**

**1-What is Trichome?**

1. **Water-borne disease.**
2. **Water-washed disease.**
3. **Water-based disease.**
4. **Water-related disease.**

**2-The correct proportions of HCV, HIV,HBV are?:**

**a.HCV: 30%,HIV: 0.03%,HBV: 3%.**

**b.HCV: 3%,HIV: 0.3%,HBV: 30%.**

**c.HCV: 3%,HIV: 30%,HBV: 0.3%.**

**d.HCV: 30%,HIV: 0.3%,HBV: 3%.**

**3-Calories from Carbohydrates needed daily for an adult person?**

**a.400-420/day**

**b.500-600/day**

**c.200-250/day**

**d.800-940/day**

**4-BMI of a person who weighs 114 kg and is 180 cm long?:**

**a.24.5/normal**

**b.27.8/overweight**

**c.35/obese**

**d.40.1/Very obese**

**5-How much water is needed daily ?**

**a.1-2L**

**b.1.5-2L**

**c.2-3L**

**d.one liter only**

**6-Frostbite is caused by :**

**a.Physical Hazard**

**b.Chemical hazard**

**c.Biological Hazard**

**7-The Most important public health achievement is?**

**a.Vaccination**

**8- The definition of health :"The absence of disease" is ?**

**a.Biomedical**

**b.biological**

**c.chemical**

**9-\*There was a question about public health\***

**a.Public health is both a body of knowledge and also means to apply that knowledge.**

**10-All of the following about new philosophy of Health is correct except;**

**a.Health is a Fundamental right.**

**b.Health is Intersectorial.**

**c.Health is central to Quality of Life.**

**d.Health is World politics Goal.**

**11-Where or when the Ozone thinning/hole was identified for the first time?**

**a.in 1985 over Antarctica.**

**12-\_\_\_\_\_\_is the most critical nutrient for sustaining life.**

**a.water**

**b.protein**

**c.carbohydrate**

**13-"Standards to guide safe and adequate intakes of essential nutrients for healthy humans" .this is related to:**

**a.DRI**

**14-Cyanide and heavy metal ion affect which system?**

**a.immune system**

**b.urinary system**

**c.CVS**

**15-A car under the sun after a period of time, the temperature inside the car has become higher from the outside. Is this effect due to?**

**a.Greenhouse effect .**

**b.temperature inversion**

**16-When do mothers start breastfeeding?**

**a.Two days after childbearing.**

**b.as soon as they can after delivery.**

**17-Which of the following is considered as a Downstream determinant of health?**

**a.Age**

**b.Housing**

**c.Education**

**d.Income**

**18-In Jordan 2014 the prevalence for obesity was\_\_% for male and \_\_% for female:**

**a.30%,40%**

**19-In the food pyramid Legume (dry beans) are classified with:**

**a.beans are classified into a group of plant foods known as legumes**

**20-Which one of the following is mismatched?**

**a.PUBLIC HEALTH - treatment of disease exclusively**

**21-one of these pollutants is mismatched,which one?**

**a.Nitric oxide - skin cancer**

**22-What is environmental justice?**

**a.means that everyone has a right to live in an environment that doesn't make them sick.**

**23-The most unused method in clinical practice, but it is recommended for research purposes.?**

**a.Observed Food Consumption .**

**24-One of the following is used as an indicator of water pollution with human waste?**

**a.Coliform Bacteria**

**25-"Income and occupation, standards of housing, sanitation and nutrition, the level of provision of health, educational, recreational" all service as indicators of?**

**a.standard of living**

**26-medical students use most of their energy in?**

**a.muscles**

**b.liver**

**c.brain**

**d. physical activities (not sure).**

**e.none of the above.**

 ***[لَا تَطْلُبِ العِلْمَ رِياء .. وَلَا تَتركهُ حَيَاءl]***

***أَوَلَيسَ كُلّما زَادَ حملُ السّنبُلَةِ انْحَنت؟***

***فَلَا تَغتَر بِعِلْمِكَ! فَإِنْ كُنْتَ صَادِقاً بِهِ .. لَنْ يَزيْدُكَ سِوَى تَواضُعا***

***♥️🌻***

***done by Anwaar Hawamdeh.***